# SPRED GALLOWAY TRUSTEES' ANNUAL REPORT January 1<sup>st</sup> – December 31<sup>st</sup> 2024

The Board of Trustees is made up of volunteers. We are people from the local community who work together to make SPRED Galloway a success.

It is the full Board of Trustee which has legal duties and powers, and all Trustees share in that corporate responsibility.



#### **CHARITY CONTACT INFORMATION**

#### **SPRED GALLOWAY**

Scottish Charity Number: SC028764

Address: Unit 3, 1st Floor Boswell House, 10-12 Arthur Street, Ayr

Postcode: KA7 1QJ

Telephone Number: 01292 738068

Email Address: office@spredgalloway.org

Website: spredgalloway.org Facebook: Spred Galloway

### **SPRED TRUSTEES 2024**

Charles Douglas (Chair)
Became Vacant (Treasurer)
Hilary McKenzie (Secretary)
Scott O'Hare - Friends Representative
Marie Wilkie – Catechists/Faith Companions Representative

# **OBJECTIVES AND ACTIVITIES**

SPRED Galloway is a charity within the Diocese of Galloway that was set up in 1998. SPRED offers *Friendship, Inclusion* and *Belonging* to people with learning difficulties and other special needs in the local area. It is open to people of all faiths and none.

SPRED's primary focus is as a ministry of friendship working through a network of small groups. In belonging to a group all our members, volunteers and friends, are given a chance to explore and develop their spirituality and faith.

- SPRED Galloway works particularly with people with learning disabilities.
- SPRED Galloway aims to offer friendship, companionship and help in exploring the spiritual element in peoples' lives.
- We meet on a regular basis in small groups and have larger meetings at church services and at social occasions.

## **ACTIVE GROUPS**

Ayr Groups who meet in St Margaret's Church Hall and cover all the parishes within Ayr, Prestwick and Troon.

Kilmarnock Group who meet in St Matthew's Church Hall and cover all the parishes in Kilmarnock and beyond.

Stevenson Group that meets in St John's Church Hall and has combined with the Irvine Group.

#### SPRED GALLOWAY OFFERS A SPIRITUAL PROGRAMME FOR ADULTS

SPRED does not teach by passing on information. We are a faith community, working in small groups, using symbolic catechesis<sup>1</sup>. This asks people to respond to a symbol that evokes a memory of something they have experienced in their lives. The group shares what they have recalled using this experience to open them to the spiritual in their lives.

There are two types of session; a preparation session involving the volunteers (also known as Faith Companions or Catechists) who get ready for the second, combined session, by studying the relevant text in our handbook, and exploring their life experiences as called up by the content of that text.

In the community session the faith friends facilitate a response to the message and theme of the session. There is a period of quiet activity, a welcoming by name, a sharing of responses to the symbol, a shared message of love, singing and finishing with agape – a sharing of food.

This may sound serious and tremendously worthy but in reality, all sessions are a time of joy and laughter. Agape, at the end of a session is a wonderful time for all the group to share news of family, events, holidays and food so we find that friendship is reinforced by the loving care of all taking part.

# STRUCTURE, GOVERNANCE AND MANAGEMENT

SPRED Galloway is an unincorporated charity with a constitution as its governing document.

### TRUSTEE RECRUITMENT AND APPOINTMENT

Trustees are volunteers recruited from people resident in Galloway. There are some vacancies on the board.

# **ACHIEVEMENTS AND PERFORMANCE**

2024 was a busy year for SPRED Galloway. Hugh McGuire was very active in consolidating and developing his role as Co-ordinator and creating a range of events for members as well as supporting the work of the regular preparation and community sessions for SPRED groups. The SPRED website was redesigned and is curated by Paul McGuire.

Activities throughout the year over and above the regular Sessions:

- A SPRED Reconciliation Service on the 19th of February
- A SPRED Mass in St. John's Stevenston on the 17th of March.
- A Praise and Celebration Party in St. Margaret's Hall on the 25th of April in St. Margaret's Hall, Ayr
- A Pilgrim Walk on Pentecost Weekend as follows: Saturday 18<sup>th</sup> May in Ayr followed by Mass in St Margaret's and Sunday (19th of May) in Prestwick, followed by Mass at St. Quivox
- A SPRED stall at the Holy Fair on the 22nd of June
- A SPRED Mass at St. Matthew's, Kilmarnock on the 23rd of June
- The Ayr groups went bowling on the 13th of August Kilmarnock Parishes Group also went bowling and St John's Group attended a local Fete.
- A SPRED Mass and AGM in St. Margaret's Hall, Ayr on the 26th of September
- A SPRED Bingo night on the 25<sup>th</sup> of October
- A SPRED Mass at Our Lady & St. Meddan's, Troon on the 1st of December followed by a Party in the Hall afterwards
- A SPRED Advent service in St. Margaret's Hall, Ayr on the 5th of December
- SPRED Carol Singers were in Ayr Central Shopping Centre on the 18th of December, assisted by pupils from St John's Primary School and Queen Margaret's Academy.

#### STATEMENT ON RESERVES

SPRED Galloway's Trustees policy on reserves is to be reviewed in 2025.

#### **DONATED FACILITIES AND SERVICES**

Streamline Taxis have been very supportive in donating taxi services to SPRED Galloway. Parish priests have allowed SPRED Galloway the use of halls for community sessions at no charge to SPRED. The Society of St. Vincent de Paul has been generous in its support.

# **FUTURE PLANS**

Conduct a recruitment drive to fill vacant positions within the Board of Trustees and secure more volunteers, especially in terms of our Ayr Groups.

Encourage an increase in Friend members especially in Kilmarnock.

#### ADDITIONAL INFORMATION

Any success SPRED Galloway achieves is due to the dedicated work of its volunteers and staff and the trustees are most grateful to them. We would also like to thank our families and carers whose help in enabling our Friends to come to meetings and whose support for all that we do is magnificent.

# **FINANCIAL MATTERS**

It is to be noted that there was a rebate payment made from Standard Real Estate of £1,312 in relation to an overpayment of Rent during the financial year.

# SPRED GALLOWAY WOULD LIKE TO THANK

The Diocese of Galloway for its generous contribution to our work.

All the parishioners and clergy of Galloway Diocese for their help and financial support

The Society of Saint Vincent de Paul Streamline Cabs of Prestwick

# RECEIPTS AND PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST DECEMBER 2024

Receipts	2023	2024
Donations	14,293	13,198
Grants	1,000	1,000
Fundraising	1,691	1,954
Gross Trading Receipts		1,197
Refund - Rent		1,312
Investment	275	244
TOTAL	£17259	£18,905

Payments	2023	2024
Fundraising Expenses		
Gross Trading Payments	24973	7,932
Payments relating directly to charitable activities		10,888
Governance costs		
TOTAL	£24,973	£18,821

	2023	2024
Total Receipts	17,259	18,905
Total Payments	24,973	18,821
Surplus / (deficit) for year	(7,714)	85

Statement of Balances	2023	2024
Cash and Bank balances at start of year	35,397	27,683
Surplus /(Deficit) shown on Receipts & Payments Account	(7714)	85
Cash and Bank balances at end of year	27,683	27,768

# **DECLARATION**

Signed on behalf of the Charity Trustees:	
CHARLES ASIHOVIDAGLAS Print Name	
CHAIR	
Designation	

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