

SPRED GALLOWAY TRUSTEES' ANNUAL REPORT CALENDAR YEAR 2025



**The Board of Trustees is made up of volunteers.
We are people from the local community who work together to
make SPRED Galloway a success.**

**It is the full Board of Trustees which has legal duties and powers,
and all Trustees share in that corporate responsibility.**

CHARITY CONTACT INFORMATION

SPRED GALLOWAY

Scottish Charity Number: SC028764

Address: Unit 3, 1st Floor Boswell House, 10-12 Arthur Street, Ayr

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Website: spredgalloway.org

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SPRED TRUSTEES 2025

Charles Douglas (Chair)

Vacant (Treasurer)

Vacant from June (Secretary)

Scott O'Hare - Friends Representative

Vacant from June – Catechists/Faith Companions Representative

OBJECTIVES AND ACTIVITIES

SPRED Galloway is a charity within the Diocese of Galloway that was set up in 1998. SPRED offers *Friendship, Inclusion and Belonging* to people with learning difficulties and other special needs in the local area. It is open to people of all faiths and none.

SPRED's primary focus is as a ministry of friendship working through a network of small groups. In belonging to a group all our members, volunteers and friends, are given a chance to explore and develop their spirituality and faith.

- SPRED Galloway works particularly with people with learning disabilities.
- SPRED Galloway aims to offer friendship, companionship and help in exploring the spiritual element in peoples' lives.
- We meet on a regular basis in small groups and have larger meetings including Masses and other services as well as a few social events.

ACTIVE GROUPS

Ayr Groups who meet in St Margaret's Church Hall and cover all the parishes within Ayr, Prestwick and Troon.

Kilmarnock Parishes Group meet in St Matthew's Church Hall and cover all the parishes in Kilmarnock and beyond.

St John's, Stevenson Group meets in St John's Church Hall, and this includes the former Irvine Group. This group therefore covers a wide geographical area.

SPRED GALLOWAY OFFERS A SPIRITUAL PROGRAMME FOR ADULTS

SPRED does not teach by passing on information. We are a faith community, working in small groups, using Symbolic Catechesis. This asks people to respond to a symbol that evokes a memory of something they have experienced in their lives. The group shares what they have recalled using this experience to open them to the spiritual in their lives.

There are two types of session;

In a Preparation Session the volunteers (also known as Faith Companions or Catechists) get ready for the following Community Session. They use prepared material and engage in their own time of Spiritual growth and exploring their life experience.

In the Community Session the Group Leader and the Faith Companions help our Friends to respond to the message and theme of the session. Everyone is welcomed by name, there is a period of quiet activity, a sharing of responses to the symbolic object used, a message is shared with everyone in the group, a hymn or song is sung. Agape, at the end of a session is a wonderful time for all the group to share news of family, events, holidays and food so we find that friendship is reinforced by the loving care of all taking part. As well as being a Spiritual experience it is a time of joy and laughter.

STRUCTURE, GOVERNANCE AND MANAGEMENT

SPRED Galloway is an unincorporated charity with a constitution as its governing document.

TRUSTEE RECRUITMENT AND APPOINTMENT

Trustees are volunteers recruited from people resident in Galloway. There are several vacancies on the board.

ACHIEVEMENTS AND PERFORMANCE

One of the main ways of publicising the work of SPRED is through our Website and Facebook. We use these to keep in touch with group members and inform the wider community about SPRED Galloway and our activities.

Our coordinator Hugh McGuire arranged several of events for members as well as supporting the work of the regular preparation and community sessions for SPRED groups. We employed Adam Robertson on a 26-Week Placement who helped out extensively in the Office and beyond. One other part-time member of staff was employed to help out with ICT, Administration and Financial tasks.

Activities throughout the year over and above the regular Sessions:

- An Ayr Groups Mass on Thursday 20 February.
- Two of our Friends from our Kilmarnock Parishes Group were received into the Catholic Church on Sunday 2 March.
- An Ayr Groups Reconciliation Service on Thursday 27 March.
- Local Parish Mass initiative took place in St Quivox Church on Sunday 6 April.
- A Praise and Celebration Party for all groups on Thursday 25 May in St Quivox Church Hall.
- SPRED took a large stall at the Summer Fayre in Ayr on Saturday 21 June.
- End of year SPRED Mass took place on Sunday 22 June in St John's Church.
- We held our Summer Grand Raffle Draw on Sunday 22 June.
- A Summer Event for all groups took place at St Ann's Church and Hall on Saturday 9 August. This involved a Party and joining the Parishioners for the Vigil Mass.
- A Commissioning Mass and our AGM both took place on Thursday 11 September in St. Margaret's Church Hall,
- An Advent Mass at Our Lady & St. Meddan's, Troon on Sunday 30 November followed by our Christmas Party in the Hall afterwards.
- An Advent service for all groups in St. Margaret's Hall, Ayr on Thursday 4 December.
- SPRED Carol Singers were in Ayr Central Shopping Centre on Wednesday 17 December, assisted by pupils from St John's Primary School despite the very adverse weather conditions

STATEMENT ON RESERVES

SPRED Galloway's Trustees present policy on reserves is still to be reviewed.

DONATED FACILITIES AND SERVICES

Streamline Taxis have been very supportive in donating taxi services to SPRED Galloway.

Parish priests have allowed SPRED Galloway the use of halls for community sessions at no charge to SPRED.

The Society of St. Vincent de Paul has been generous in its support.

FUTURE PLANS

Conduct a recruitment drive to fill vacant positions within the Board of Trustees and secure more volunteers, especially in terms of our Ayr Groups.

Encourage an increase in Friend members especially in Kilmarnock.

ADDITIONAL INFORMATION

Any success SPRED Galloway achieves is due to the dedicated work of its volunteers and staff and the trustees are most grateful to them. We would also like to thank our families and carers whose help in enabling our Friends to come to meetings and whose support for all that we do is magnificent.

FINANCIAL MATTERS

Nothing outstanding to note this year.

SPRED GALLOWAY WOULD LIKE TO THANK

The Diocese of Galloway for its generous contribution to our work.

All the parishioners and clergy of Galloway Diocese for their help and financial support.

The Society of Saint Vincent de Paul

Streamline Taxis of Prestwick

**RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED 31ST DECEMBER 2025**

Receipts	2024	2025
Donations	13,198	13,778
Grants	1,000	1,000
Fundraising	1,954	1,915
Gross Receipts	2,509	3,251
Investment	244	683
TOTAL	£18,905	£20,627

Payments	2024	2025
Fundraising Expenses		124
Gross Trading Payments	7,932	
Payments relating directly to charitable activities	10,888	20,220
Governance costs		91
TOTAL	£18,820	£20,435

	2024	2025
Total Receipts	18,905	20,627
Total Payments	18,820	20,435
Surplus / (deficit) for year	85	192

Statement of Balances	2024	2025
Cash and Bank balances at start of year	27,683	27,768
Surplus /(Deficit) shown on Receipts & Payments Account	85	192
Adjustment	(30)	
Cash and Bank balances at end of year	27,738	27,960

DECLARATION

Signed on behalf of the Charity Trustees

Charles Douglas

Print Name

Designation

Chair

Date

29.9.26